

Nikyu Vocabulary

dachi
kamae
keage
kekomi
kiba
sokuto
kakato
tokonoma?
riken
seiken
tsuki
barai
uke
uchi
kasumi
shikko (sabaki)
tai sabaki
tate
waza
nagashi uke
zenkutsu

stance
posture
snap
thrust
horse
outer edge of foot
heel of foot
alcove
back knuckles
corkscrew
thrust
parry
block
strike
mist, haze
kneeling movement
body movement
vertical, standing
technique, method
flowing block
forward

